

## PUBLIC SERVICE ANNOUNCEMENT



**March 1, 2010  
Run through March 31, 2010**

The Saskatoon Council on Aging is excited to offer Introduction to Scandinavian Dance for older adults with Bjorn Tokle. The sessions will run Fridays from 1:00 to 3:00 pm on April 16, 23, 30 and May 7<sup>th</sup>. You will learn basic Waltz steps and formations along with some walking dances, Polka and Mazurka steps. No experience or partner necessary. Classes will be non-intimidating and recommended even if you have "two left feet"! Cost is \$40.00.

**Please phone the Saskatoon Council on Aging at 652-2255 for more information.**

The Saskatoon Council on Aging is a non-profit, community-based, voluntary organization dedicated to the promotion of dignity, health and independence of older adults. Its main functions are operating a Resource/Walk-in Centre to enhance the quality of life for older adults, and working with local agencies to initiate, implement, and evaluate projects useful to older adults in our community. Visit our website [www.scoa.ca](http://www.scoa.ca) for more programs

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